



Nationwide®

# focus

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## Your investment strategy for retirement is long term

Current world events can cause you to think about changing your investment strategy. However, when investing for retirement, it is important to remember that you are investing for the long term.

Your investment strategy shouldn't change, even if news headlines do. When a significant event takes place, you may also see some volatility in markets and investments. However, it's important to keep in mind that market volatility is a normal part of investing.

When someone makes investment decisions based on emotions — such as anxiety, fear, excitement, and even confidence in market predictions — it's called emotional investing. Emotional investing can impact your investments and overall retirement portfolio over the long term.

### Slow and steady wins the race

Short-term market volatility related to current world events may still happen. As with many swings in the stock market, things usually settle down again. An emotional investment decision during this time could negatively affect your long-term goals. Stay focused on the key components of your investment strategy, such as maintaining a diversified portfolio and asset allocations that match your retirement goals.

Over time, factors such as consistent contributions and dollar cost averaging,<sup>1</sup> which is the practice of systematically investing equal amounts of money at regular intervals regardless of the price of a security, are better investing strategies than attempting to time the market based on short-term developments. Focusing on your specific retirement timeline will help you develop the best long-term strategy to fit your needs and goals, regardless of fluctuations over the short-term.

### Here are 3 things you can do if you're feeling uncertain about your investment strategy:

1. Attend webinars to learn more about retirement planning, investing, and personal finances.
2. Schedule an appointment with an SDRS Supplemental Retirement Plan (SRP) Retirement Specialist.
3. Review the SDRS-SRP article on avoiding emotional investing.



<sup>1</sup> Dollar cost averaging does not assure to make a profit or protect against loss in a down market.

**Questions? Contact the Solutions Center at 1-800-959-4457.**

## 6 money-smart moves to save on summer spending

Summer is a time for vacationing, travel, and fun. With some thoughtful planning, you can still have fun this summer without busting your budget or breaking the bank.

1. **Review your budget.** Analyze past spending patterns and set clear boundaries on entertainment and other discretionary expenses. Setting limits keeps spending in check so you can make progress toward your financial goals. Scan the QR code to review our budgeting resources.



2. **Choose cost-effective entertainment options.** Opt for a potluck on the patio instead of meeting friends at a restaurant. Spend family movie nights at home rather than at a theater. Your local library can help you discover free or low-cost entertainment activities, such as concerts, art exhibitions, or community festivals. These ideas can create memorable experiences without the expense.

3. **Tackle debt while saving.** Avoid taking on new debt while finding ways to cut back on spending. Once you find some wiggle room in your budget, start setting funds aside for an emergency fund, contributing to your retirement plan, and paying down credit cards and other debt. Even small amounts can add up significantly over time. Review our resources to learn how to save for the future while paying off debt.



4. **Check your progress toward your retirement goals.** Use the My Interactive Retirement Planner<sup>SM</sup> tool on the SDRS-SRP website, [srp457.com](http://srp457.com). This free resource can help you keep an eye on your overall retirement readiness picture.



5. **Invest in your financial education — at no cost to you!** SDRS-SRP offers free webinars on retirement planning and personal finance. These motivating presentations will help boost your financial well-being. Check out the full list for new webinars.



6. **Be flexible and pivot as needed.** Your needs, priorities, and financial situation may change as you move along your financial journey. If unexpected expenses arise or your income goes down, re-evaluate your budget and make necessary modifications. If your financial circumstances improve, use that extra money to bolster your retirement savings.

### Asset allocation and diversification

When you build a diversified portfolio, you create an investment mix of stocks, bonds, cash, and other equivalents that fits your anticipated retirement date and risk tolerance.

The SDRS Supplemental Retirement Plan (SRP) offers 3 investment approaches to create a diversified portfolio:

**#1. Pick your mix:** If the idea of creating your own portfolio by choosing your investments is appealing to you, the SDRS-SRP offers a broad spectrum of options that are selected by the South Dakota Investment Officer.

**#2. Target date funds:** If creating your own portfolio does not appeal to you, the SDRS-SRP offers target date funds designed to make investing for retirement easier. Each fund provides a diversified mix of assets to help most investors achieve their goals. As your retirement target year nears, your asset allocation automatically adjusts to become more conservative.

**#3. Do it for me:** Nationwide ProAccount<sup>®</sup> is a managed account service available to SDRS-SRP participants for an additional fee. Your investments are selected for you based on your age and risk tolerance. Investments are monitored and adjusted over time to keep you on track toward your retirement goals.

## Contact us

SDRS Supplemental Retirement Plan  
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Pierre, SD 57501  
1-800-959-4457  
In Pierre, 605-224-2230  
[srp457.com](http://srp457.com)

The SDRS Supplemental Retirement Plan is a deferred compensation plan regulated by Section 457 of the Internal Revenue Code and offered by the South Dakota Retirement System (SDRS). Plan administration and enrollment services are provided by Nationwide<sup>®</sup> Retirement Solutions.

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SDRS-SRP Retirement Specialists are Registered Representatives of Nationwide Investment Services Corporation, member FINRA, Columbus, Ohio.

Nationwide and its representatives do not give legal or tax advice. An attorney or tax advisor should be consulted for answers to specific questions.

## Prudential Guaranteed Interest Account

Prudential has announced a **3.00%** annual effective yield for the third quarter of 2024.

*This is an available option within the SDRS Supplemental Retirement Plan.*

*Guarantees and protections are based on the claims-paying ability of the underwriting insurance company.*

## Payout changes

Note: If you are receiving distributions from the SDRS-SRP, you may be able to change your payout decisions. Call the SDRS Supplemental Retirement Plan office in Pierre at **605-224-2230** to review your account and/or payout options.

Target date funds are designed for people who plan to begin withdrawing money during or near a specific target date, such as at retirement. The funds offer continuous rebalancing over time to become more conservative as investors approach their planned retirement date. The principal value of the fund is not guaranteed at any time, including the target date.

Nationwide Investment Advisors LLC (NIA) provides investment advice to plan participants enrolled in Nationwide ProAccount. NIA is an SEC-registered investment adviser and a Nationwide affiliate.

NIA has retained Wilshire<sup>®</sup> as an Independent Financial Expert for Nationwide ProAccount. Wilshire provides investment allocation portfolios based on participant ages and their personal tolerance for investment risk.

NIA assesses participants an asset-based fee for the managed account services.

Retirement products are offered by Nationwide Trust Company, FSB or Nationwide Life Insurance Company.

Wilshire is a registered service mark of Wilshire Associates, which is not an affiliate of Nationwide or NIA.

Investing involves market risk, including possible loss of principal. Actual results will vary depending on your investment and market experience.

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